

New People you now know

List those colleagues you'd like to be in touch with because they can be great peers, advisors, or mentors.

(If you gained friendships, that's great too)

New knowledge you gained

New industry? New Skill? A new way to do things? New tool? List everything you know or know better. This is a moment of pride and accomplishment.

Pack that Baggage

What was added to my resume

Things you now know to do only because you had this role at this place. A new industry, experience in a new skill. Some things from this list may find themselves in your new updated resume.

My not- to-do list

It's OK to list things you didn't enjoy and prefer not to do in your next role. Is it a type of culture, org structure, or lack of specific tools or resources. Use this list to know whom you do not want to work for in the future.

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